



WHITE BIRCH
Educational Services

**Doctoral Internship Program in School Psychology
August 2023 - June 2024**

Didactic Training & Learning Experiences

Orientation: Interns are introduced to the internship program through an orientation period before each academic year starts. Orientation includes opportunities for interns to meet WBES staff, learn about services and internship activities, and become familiar with all relevant policies and procedures. During this time, various topics are covered, including schedules, training expectations, evaluation, due process, grievance/appeal procedures, record-keeping, and professionalism. Additionally, training is provided on clinical and educational services at WBES, case conceptualization, treatment planning, legal and ethical issues, and crisis assessment/risk management.

Individual Supervision: Interns are supervised by licensed psychologists, all of whom are licensed by the New Hampshire Board of Psychology. They receive a minimum of 2 hours of weekly individual supervision. The Director of Clinical Training assigns supervisors. Supervisors and interns are expected to clarify intern responsibilities, training goals, and expectations and discuss evaluation procedures throughout the training year. Individual supervisors utilize various methods, including but not limited to review of clinical reports and documentation, self-reflective practice, ethics and multicultural competencies in psychological services, and case management. Supervision follows a developmental model and varies from educational, supportive, experiential, administrative-based, or consultative, depending on the supervisor's style and the needs and developmental level of the intern.

Group Supervision: Interns receive weekly group supervision focused on assessment, case consultation, collaborative problem-solving, inclusive, and culturally informed therapeutic services, professionalism and clinical competencies, and promoting ethical practice.

Training Seminars: All interns attend weekly didactic training facilitated by WBES staff and related professional service providers practicing in various clinical settings. WBES is committed to ongoing professional development and providing opportunities for interns to connect with other colleagues. Outside speakers and local professionals are invited to present on topics that meet the needs and interests of interns and staff. Topics are geared towards experiential learning and interaction with staff and colleagues around profession-wide competency areas. Training seminars occur every week for 2 hours.

Additional Learning Experience: The internship is designed to enhance professional attitudes, responsibility, communication, and various professional and technical skills. Alongside orientation, supervision, and didactic training, WBES provides opportunities for interns to socialize and form collegial relationships with one another and other professionals. There is time

for team building, communication, learning, and self-care. Interns have protected time to attend field-related workshops and are provided opportunities to connect with NH state organizations, including the NH Association of School Psychologists and NH Psychological Association. Additionally, WBES Director of Clinical Training and supervisors are available and have an “open door” policy allowing for additional informal supervision as needed. Interns are given opportunities to meet staff and connect based on mutual interests to guide and help consolidate their training experiences while developing a professional identity.

Intern Case Presentations: Throughout the course of the year, Interns will provide case presentations related to various topics, including counseling, assessment, and complex consultation. For example, the assessment case presentation requires Interns to gather detailed information (demographics, history, referring concerns) and discuss data collection methods, observational information, interview information, normative data, summary and conclusions, diagnostic impressions, and recommendations.

Didactic Training Schedule											
Date	Competency Areas									Trainings take place at the WBES Main Office on Thursday's from 2:00-4:00pm. Seminar topics are graded in complexity across the year. <i>*Specific dates subject to change</i>	Presenter / Credentials
	1	2	3	4	5	6	7	8	9		
	Intervention	Assessment	Ethical/Legal Standards	Cultural & Individual Diversity	Research	Prof. Values, Attitudes Behaviors	Interprof/Interdiscip Consultation	Supervision	Comm./Interpersonal Skills		
8/24/23			x	x		x			x	Professionalism, Introduction to Career Development: Professional Values, Attitudes, and Behaviors	Brittany St. Jean, Psy.D.
8/31/23			x	x					x	Ethics and Special Education Law: Ethical and Legal Guidance, Standards, and Procedures	Brittany St. Jean, Psy.D. & Lauren Dorow, M.Ed., CAGS
9/7/23		x		x		x			x	Clinical Formulation & Assessment Report Writing: Consumer Drive Reports and Oral Communication	Brittany St. Jean, Psy.D.

9/14/23	x	x	x	x				x	x	IEP & 504 Development & Implementation	Robert Walrath, PsyD
9/21/23		x						x	x	Specific Learning Disabilities: Response to Intervention & Diagnosis, including Deliberation Forms and Special Education Identification	Laureen Dorow, M.Ed., CAGS
9/28/23				x		x			x	Trauma & Self Care: Working with Vulnerable Populations	Brittany St. Jean, Psy.D.
10/5/23	x								x	Establishing the Therapeutic Relationship	Robert Walrath, Psy.D.
10/12/23		x		x	x			x		Cognitive and Achievement Assessments	Jesslynn Neves McCain, Ph.D.
10/19/23					x	x			x	Supervision as a Core Professional Competency: Applying Supervision Models & Practices	Brittany St. Jean, Psy.D.
10/26/23	x	x		x						Understanding Self Harming Behaviors in Children & Adolescent: (NSSI) Assessment & Intervention Practices	Robert Walrath, Psy.D.
11/2/23			x			x			x	Fellow Case Presentation - Consultation	Collaborative
11/9/23	x	x	x	x	x	x	x	x	x	Introduction to the EPPP Part I	Dr. Cindy Hess, Psy.D.
11/16/23				x						Research in the School Setting: Equity, Inclusion & School Climate	Dr. Jesslynn Neves McCain, Ph.D.
11/23/23	Holiday Break										
11/30/23	x	x		x				x	x	Suicidal Ideation & Behavior: Assessing, Monitoring & Intervention	Robert Walrath, Psy.D.
12/7/23	x	x							x	Case Presentations - Assessment	Collaborative
12/14/23	x	x		x				x		Substance Abuse, Addiction, and Health Equity	Jeannie Pablo, MLADAC, Psy.D.
12/21/23			x		x				x	Critically Evaluating Research to Inform Clinical Decision Making	Dr. Jesslynn Neves McCain, Ph.D.
12/28/23	Winter Break										
1/4/24	x							x		Behavioral Interventions: Functional Behavior Analysis & the BCBA Role	WBES BCBA Adjunct Faculty

1/11/24	x							x	x	Speech Assessment, Identification and Therapy	WBES Adjunct Faculty
1/18/24		x	x	x				x		Risk & Threat Assessments	Brittany St. Jean, Psy.D.
1/25/24	x		x	x						Evidence Based Practice & Group Counseling Techniques	Robert Walrath, Psy.D.
2/1/24	x	x		x						Child & Adolescent Mood Disorders: Diagnosis & Intervention	Katie Clark, Psy.D.
2/8/24	x	x								Executive Functioning and Memory	Dr. Cindy Hess, Psy.D.
2/15/24	x				x				x	PREPaRE Training Curriculum & Crisis Response	Laureen Dorow, M.Ed., CAGS
2/22/24	x	x	x	x	x	x	x	x	x	Introduction to the EPPP Part II & Professional Practice	Dr. Cindy Hess, Psy.D.
2/29/24			x	x	x					Research in the School Setting	Dr. Jesslynn Neves McCain, Ph.D.
3/7/24	x								x	Case Presentations - Counseling/Intervention	Collaborative
3/14/24	x	x								Neurobiological Bases of Behavior and Neurodevelopmental Disorders	Katie Clark, Psy.D.
3/21/24		x		x					x	Bilingual Evaluations in the School Setting	Katerina Aniskovich, Ph.D.
3/28/24	x			x						Evidence Based Practice: Externalizing Disorders in Children	Robert Walrath, Psy.D.
4/4/24	x		x	x				x	x	Using Advances in Science and Technology: Telehealth to Treat Diverse and Hard to Reach Populations (e.g., Rural Health)	Jeannie Pablo, MLADAC, Psy.D.
4/11/24	x			x						Diversity, Equity, and Inclusion in Clinical Practice	Dr. Jesslynn Neves McCain, Ph.D.
4/18/24	x								x	Case Presentations - Challenging Case Consultation	Collaborative
4/25/24	x	x						x		Autism Spectrum Disorder: Adaptive Behavior assessment and Diagnostic Presentations	Brittany St. Jean, Psy.D.

5/2/24	x		x			x	x		x	Mental Health Crisis Response & Educational Collaboration	Laureen Dorow, M.Ed., CAGS
5/9/24	x	x								Co-Occurring Disorders: Assessment & Treatment	Robert Walrath, Psy.D.
5/16/24	x			x						ACE Studies & Trauma: Using Research to Inform Practice	Katerina Aniskovich, Ph.D.
5/23/24	x			x					x	Motivational Interviewing & Clinical Assessment Techniques	Brittany St. Jean, Psy.D.
5/30/24	x	x		x		x				Differential Diagnosing and DSM-5	Katie Clark, Psy.D.
6/6/24				x	x				x	Consultation & Supervision: Research & Reflective Practices	Brittany St. Jean, Psy.D.
6/13/24					x				x	Fellow Research Presentations - School Psychology Dilemma & Consultation	Collaborative
6/20/24						x			x	Intern Wrap-Up /Intern Graduation Ceremony	Intern Wrap-Up /Intern Graduation Ceremony
6/27/24						x		x	x	Intern Exit Interviews, Evaluations & Feedback	Collaborative

Sample Intern Schedule					
<i>*Schedules will vary depending on placement site</i>					
	Monday	Tuesday	Wednesday	Thursday	Friday
8a	Administrative	Group Counseling	Individual Supervision	Individual Counseling	Individual Counseling
9a	Testing & Assessment		Testing & Assessment		Travel to WBES Office & Intern Lunch Meeting
10a	Scoring & Interpretation	Individual Counseling			
11a		Lunch	Lunch	Lunch	Lunch
12p	Individual Supervision	Response to Intervention Team	Group Counseling	Group Supervision	Special Education / Parent Meeting
1p	Special Education / Parent Meeting	Testing & Assessment	Special Education / Parent Meeting	Didactic Seminar	Assessment / Evaluation Report Writing
2p		Assessment / Evaluation Report Writing			Scoring & Interpretation
3p	Scoring & Interpretation	Administrative			
4p					